



5829 SW 73rd St #5A

South Miami, FL 33143

(Inside KAMPS Fitness)

Phone: 305.639.8377

M-F: 8-4, Sa: 9-2, Sun: 10-2

Curbside Pickup & Delivery Available

[www.gingernjuicebar.com](http://www.gingernjuicebar.com)



@gingernjuicebar

## SIPPIN' ON...

### 'Juicy' Juices

16oz (\$8)/20oz (\$10.5)/64oz (\$30)

- The Real Slim Shady – spinach, mint, cucumber, pineapple, lime, apple
- Nuthin' but a 'G'reens Thang – cucumber, parsley, kale, celery, lemon
- I Got 5 On It – carrot, apple, orange, ginger, turmeric
- Give Me Everything – apple, spinach, celery, kale, cucumber, lime, wheatgrass
- Changes (Create Your Own) – Pick 4 + 1 leafy green (excludes mint), wheatgrass +\$2
- 1-Day Juice Cleanse \$38

### 'Ridin' Clean' Mocktails 0% ABV, 100% HEALTHY

Served Frozen 16oz/On the Rocks 20oz (\$8.5)/64oz (\$32)

- Bury me a 'G'inger Beer – apple, ginger, sparkling water
- Plain Jane Pina Colada – pineapple, coconut, coconut milk
- My Name is...Strawberry Daiquiri – green grapes, strawberry, lime juice, sparkling water
- Miami Vice – Pina Colada + Strawberry Daiquiri
- Best I Ever Had Mojito – mint, green grapes, lime, sparkling water
- Hair of the Dog – orange, pineapple, strawberry
- Bad & Boujee Cosmo – orange, lime, apple, passionfruit
- 'G'inger Cucumber Margarita – cucumber, ginger, orange, lime, local raw honey – a portion of proceeds benefit @reclaimedearthwildlife

### 'Whatever You Like' Spritzers (juice + sparkling water)

Served on the Rocks 20oz (\$5)

- Ginger, Green Grapes, Pineapple, Apple, Orange, Limeade, Blue Spirulina lemonade (+\$1), Strawberry lemonade
- Changes (Create Your Own) – Pick 2

PLEASE NOTIFY US IF THERE ARE ANY NUT ALLERGIES  
SORRY NO SUBSTITUTIONS

### Drop it Like a Shot

2 oz

- Dear Mama Wellness Shot – orange, lemon, ginger, turmeric (\$4.5)
- Crossroads Charcoal Infused Shot – activated charcoal, lemon, aloe coconut water, cayenne pepper (\$4.5)
- Turn Up The Heat Ginger Shot (\$3.5)
- Because I Got Wheatgrass Shot (\$3.5)
- Shot Flight (all 4) (\$14)

### 'Rockstar' Smoothies

20oz (\$9)/64oz (\$27)

Sub Almond Butter or Oat Milk +50 Cent

\*All Organic available by request

- Blueberry Yum Yum – avocado, banana, activated charcoal, blueberries, spinach, almond milk
- Put A Protein In It – chocolate protein, banana, peanut butter, spinach, flaxseed, almond milk
- Under The Sun – banana, pineapple, coconut, chia seeds, aloe coconut water, coconut milk
- Gangsta's Paradise – passion fruit, mango, coconut, banana, almond milk, coconut milk
- Forbidden Fruit – banana, strawberry, apple, almond milk
- Take You There – pineapple, mint, banana, avocado, aloe coconut water, coconut milk
- Keep Ya Head Up – peanut butter, banana, espresso, almond milk
- I Got The Power – vanilla protein, oats, banana, flaxseed, almond butter, cinnamon, almond milk
- Changes (Create Your Own) – Pick 3 Fruit/Veggie + 1 Milk

### Notorious B.O.W.L.S.

16oz (\$10.5)/64oz (\$39)

Sub Almond Butter or Oat Milk +50 Cent

- West Acai'd – blended with acai, blueberry, banana, strawberry, coconut milk (topped with blueberry, strawberry, banana, granola, coconut, local raw honey)
- Blue Magic – blended with banana, blueberry, blue spirulina, almond milk (topped with blueberry, strawberry, coconut, almonds, bee pollen)
- Summertime – blended with pineapple, strawberry, mango, coconut, aloe coconut water coconut milk (topped with hemp hearts, strawberry, coconut, cashews, goji berries)
- No Bad Energy – blended with banana, peanut butter, cauliflower, chocolate protein, almond milk (topped with banana, granola, chia seeds, sliced almonds, peanut butter)
- Peanut Butter Jelly Time – blended with banana, peanut butter, strawberry, almond milk (topped with banana, strawberry, granola, cacao nibs, coconut, peanut butter)

#### Add-on Toppings:

- +\$.50 Shredded Coconut, Banana, Chia Seeds, Peanut Butter, Hemp Hearts, Spinach, Kale, Flaxseed, Ginger Root, Cacao Powder
- +.75 Granola, Strawberries, Blueberries, Sliced Almonds, Almond Butter, Goji Berries, Local Raw Honey, Avocado, Activated Charcoal, Oats
- +\$1 Cacao Nibs, Cashews, Bee Pollen, Propolis, Protein Powder, Matcha, Blue Spirulina, Propolis, Honeycomb (\$2)

### Flav'ored Yogurt Cups

8oz (\$7.5)/64oz (\$36)

Add-on Toppings: *See above*

- Chocolate – vanilla Greek yogurt & cacao (topped with granola, cacao nibs, blueberry, local raw honey)
- Vanilla – vanilla Greek yogurt (topped with granola, strawberry, blueberry, chia seeds, local raw honey)
- Blue Spirulina – vanilla Greek yogurt & blue spirulina (topped with granola, banana, hemp hearts, local raw honey)

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### Grub

- Chicken Wrap \$9.5
- Veggie Wrap (vegan available) \$9

### Munchies

- Signature 'Laid Back' Granola Bar \$4
- Fresh Fruit Cup \$6
- Assorted Bars, Chips, Trail Mix \$3
- Organic Applesauce Pouch \$2
- Whole Fruit – Banana/Apple \$1

### 'The Fix' Coffee & Tea

12oz Hot, 20oz Iced

Mylk/Milk: Oat (+50 Cent), Almond, Coconut, Whole

Local Raw Honey: \$0.75, To-Go \$1.25, Honeycomb: \$2

- Espresso \$3
- Cappuccino \$4.5
- Latte (Caffe, Matcha, Golden Milk, Beet) \$4.5
- Assorted Sachet Tea Bags: green, black, herbal, seasonal \$3.5
- Sweet n Sour Tropical Tea \$4

### 'Buy You a Drink'

- Unsweetened Iced Tea \$3
- Local 'Brewing Life' Kombucha \$5

### Biggie Smalls (12 & Under)

Sub Almond Butter or Oat Milk +25 Cent

- Orange or Apple Juice (12oz) \$4
- Forbidden Fruit Strawberry Banana Smoothie (10oz) \$5
- My name is...Strawberry Daiquiri (8oz) \$5
- Peanut Butter Jelly Time Bowl (8oz) – topped with banana, strawberry, cacao nibs, peanut butter \$5
- Blue Magic Bowl (8oz) – topped with strawberry, blueberry, coconut \$5
- Organic Applesauce Pouch \$2
- Fruit Cup (12oz) \$6

### D.O.G.G. Menu \$2

- Pup Cup – peanut butter, banana, yogurt
- Greenies Treat

Don't be a hater, ask us to cater – Catering menu available

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